## How to have a Big Life.

How to have a Big Life

We are all unique individuals.

No two people are the same.

## We all have

unique talents.



We all have strengths and weaknesses.



When we focus on our strengths we find our unique talents.

When we find our unique talent we find

our purpose in life and have a Big Life.

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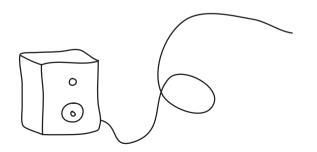


Sometimes it is easy to find your unique talent, like a child who starts playing the violin perfectly.

But for most of us it is much harder to identify our unique talent.

We need to follow our dreams and listen to our feelings so that we can find our unique talent.

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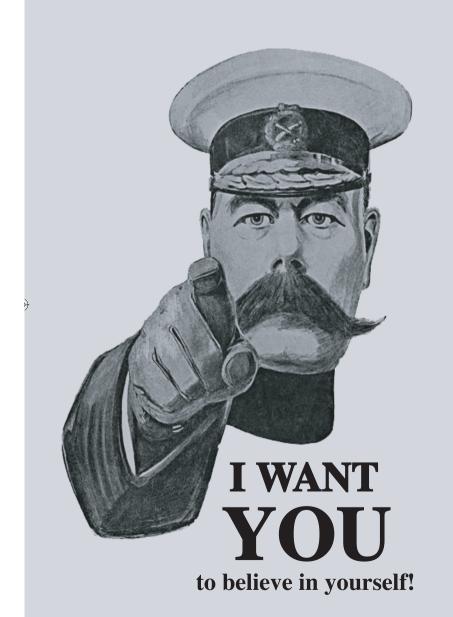


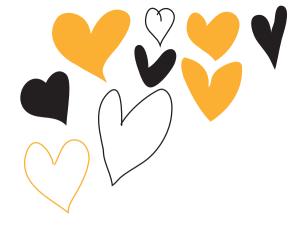
This can be made much harder by people around us who want us to follow their idea of what our unique talent is.

These can be people close to us like our family, friends and spouses as well as our colleagues and peer groups.

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To find your unique talent you need to believe in yourself.





And to believe in yourself you need to love yourself.



